***LCCAA – Head Start Menu***

**November 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** | **4**  **WG Cheerios**  **Pineapple Tidbits** | **5** | **6**  **WG Bunny Grahams**  **Pineapple Tidbits** | **7**  **WG Educational Crackers**  **Applesauce** | **8**  **WG Mini Wheat**  **Diced pears** |
| **L** | **WOW Butter,**  **Cheddar Cheese Stick, Apple Cinn. Bear Grahams, Regular Applesauce unsweetened**  **100% Vegetable Juice** | **Election Day ½ Day**  **NO KIDS** | **2 beef sticks,**  **Cheddar Cheese Stick**  **MJM Wheat crackers, Flavored Unsweetened Applesauce,**  **100% vegetable juice** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick, Chili Lime Crackers, Regular Applesauce unsweetened 100% Vegetable Juice** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick, WG Cheez It Crackers, Flavored Applesauce unsweetened**  **100% Vegetable Juice** |
| **S** | **Mango Peach Applesauce**  **WG Cheez Its** |  | **Applesauce**  **WG Simply Cheddar Chex Mix** | **WG Goldfish**  **Diced Pears** | **WG Tortilla Chips**  **Salsa** |
| **B** | **11** | **12**  **WG Banana Muffin**  **Peaches** | **13**  **WG Bunny Grahams**  **Pineapple Tidbits** | **14**  **WG Educational Crackers**  **Applesauce** | **15**  **WG Mini Wheats**  **Diced Pears** |
| **L** | **Veteran’s Day**  **Closed** | **Turkey/Ham Cheese Sandwich**  **Sun Splash**  **Cheese Stick**  **Applesauce Cups** | **Soy Jammer**  **Cheese Stick**  **Juice**  **Mandarin Oranges** | **Marinara Cup,**  **Cheddar Cheese Stick, Turkey Stick,**  **MJM Pizza Crackers,**  **100% Fruit Juice** | **Cheddar Cheese Cup, Cheddar Cheese Stick WG pizza crackers,**  **applesauce cup,**  **Dragon Punch vegetable juice** |
| **s** |  | **Pretzels**  **Choc Chickpea spread** | **Applesauce**  **WG Simply Cheddar Chex Mix** | **WG Goldfish**  **Diced Pears** | **WG Tortilla Chips**  **Salsa** |
| **B** | **18**  **WG Cheerios**  **Pineapple Tidbits** | **19**  **WG Banana Muffin**  **Peaches** | **20**  **WG Bunny Grahams**  **Pineapple Tidbits** | **21**  **Cinnamon Toast Crunch**  **Peaches** | **22**  **WG Mini Wheats**  **Diced Pears** |
| **L** | **Variety Day of Shelf Stable Lunches- TBD** | **Turkey Stick**  **Cheese Stick**  **Saltine Crackers**  **Sun Splash Juice**  **Pear Cup** | **Turkey/Ham Cheese Sandwich**  **Sun Splash**  **Cheese Stick**  **Applesauce Cups** | **Soy Jammer**  **Cheese Stick**  **Juice**  **Mandarin Oranges** | **Roasted Turkey & Gravy**  **Mashed Potatoes**  **Maple Cinn. Sweet Potatoes**  **Dinner Roll**  **Baked Cinnamon Apples** |
| **S** | **Mango Peach Applesauce**  **WG Cheez Its** | **Pretzels**  **Choc Chickpea Spread** | **Mango Peach Applesauce**  **WG Simply Cheddar Chex Mix** | **WG Goldfish**  **Diced Pears** | **WG Tortilla Chips**  **Salsa** |
| **B** | **25**  **Low Sugar Frosted Flakes**  **Pineapple Tidbits** | **26**  **WG Banana Muffin**  **Peaches** | **27**  **WG Bunny Grahams**  **Pineapple Tidbits** | **28** | **29** |
| **L** | **Veggie Chili w/ Shredded Cheese**  **WG Cornbread**  **Corn**  **Tropical Fruit** | **Homemade Sloppy Joe on WG Bun**  **Maple Cinnamon Carrots Diced Pears** | **Homemade Mac-n-Cheese**  **Steamed Broccoli**  **Mango Chunks** | **Thanksgiving Break**  **Closed** | **Thanksgiving Break**  **Closed** |
| **s** | **Mango Peach Applesauce**  **WG Cheez Its** | **Pretzels**  **Choc Chickpea spread** | **Applesauce**  **WG Simply Cheddar Chex Mix** |  |  |

*Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

*is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

A close up of a logo

Description automatically generated

This institution is an equal opportunity provider.

Rev. MG 10/25/24

**\*Menu is subject to change**