***LCCAA – Head Start Menu***

**November 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  **4****WG Cheerios****Pineapple Tidbits** |  **5**  |  **6****WG Bunny Grahams** **Pineapple Tidbits** |  **7****WG Educational Crackers** **Applesauce**  |  **8****WG Mini Wheat** **Diced pears** |
| **L** | **WOW Butter,** **Cheddar Cheese Stick, Apple Cinn. Bear Grahams, Regular Applesauce unsweetened****100% Vegetable Juice** | **Election Day ½ Day****NO KIDS** | **2 beef sticks,** **Cheddar Cheese Stick****MJM Wheat crackers, Flavored Unsweetened Applesauce,****100% vegetable juice** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick, Chili Lime Crackers, Regular Applesauce unsweetened 100% Vegetable Juice** | **Jack Links BBQ Chicken Tender Bites, Cheddar Cheese Stick, WG Cheez It Crackers, Flavored Applesauce unsweetened****100% Vegetable Juice** |
| **S** | **Mango Peach Applesauce****WG Cheez Its** |  | **Applesauce****WG Simply Cheddar Chex Mix**  | **WG Goldfish****Diced Pears** | **WG Tortilla Chips****Salsa** |
| **B** |  **11** |  **12****WG Banana Muffin****Peaches** |  **13****WG Bunny Grahams****Pineapple Tidbits** |  **14****WG Educational Crackers****Applesauce** |  **15****WG Mini Wheats****Diced Pears** |
| **L** | **Veteran’s Day****Closed** | **Turkey/Ham Cheese Sandwich** **Sun Splash** **Cheese Stick****Applesauce Cups** | **Soy Jammer****Cheese Stick****Juice****Mandarin Oranges** | **Marinara Cup,** **Cheddar Cheese Stick, Turkey Stick,****MJM Pizza Crackers,** **100% Fruit Juice** | **Cheddar Cheese Cup, Cheddar Cheese Stick WG pizza crackers,** **applesauce cup,****Dragon Punch vegetable juice** |
| **s** |  | **Pretzels****Choc Chickpea spread** | **Applesauce****WG Simply Cheddar Chex Mix** | **WG Goldfish****Diced Pears** | **WG Tortilla Chips****Salsa** |
| **B** |  **18****WG Cheerios****Pineapple Tidbits** |  **19****WG Banana Muffin****Peaches** |  **20****WG Bunny Grahams****Pineapple Tidbits** |  **21****Cinnamon Toast Crunch****Peaches**   |  **22****WG Mini Wheats** **Diced Pears** |
| **L** | **Variety Day of Shelf Stable Lunches- TBD** | **Turkey Stick****Cheese Stick****Saltine Crackers****Sun Splash Juice****Pear Cup** | **Turkey/Ham Cheese Sandwich** **Sun Splash** **Cheese Stick****Applesauce Cups** | **Soy Jammer****Cheese Stick****Juice****Mandarin Oranges** | **Roasted Turkey & Gravy****Mashed Potatoes****Maple Cinn. Sweet Potatoes****Dinner Roll****Baked Cinnamon Apples** |
| **S** | **Mango Peach Applesauce****WG Cheez Its** | **Pretzels****Choc Chickpea Spread** | **Mango Peach Applesauce****WG Simply Cheddar Chex Mix** | **WG Goldfish****Diced Pears** | **WG Tortilla Chips****Salsa** |
| **B** |  **25****Low Sugar Frosted Flakes****Pineapple Tidbits** |  **26****WG Banana Muffin****Peaches** |  **27****WG Bunny Grahams****Pineapple Tidbits** |  **28** |  **29** |
| **L** | **Veggie Chili w/ Shredded Cheese** **WG Cornbread****Corn** **Tropical Fruit** | **Homemade Sloppy Joe on WG Bun** **Maple Cinnamon Carrots Diced Pears** | **Homemade Mac-n-Cheese****Steamed Broccoli****Mango Chunks** | **Thanksgiving Break****Closed** | **Thanksgiving Break****Closed** |
| **s** | **Mango Peach Applesauce****WG Cheez Its** | **Pretzels****Choc Chickpea spread** | **Applesauce****WG Simply Cheddar Chex Mix** |  |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 

This institution is an equal opportunity provider.

 Rev. MG 10/25/24

**\*Menu is subject to change**