**LCCAA- EHS & Head Start Menu**

**May 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  | **WG Mini Wheats 1**  **Seasonal Melon** | **WG Mini Bagel 3**  **w/ Strab Cream Cheese**  **Applesauce** | **Yogurt, 4**  **Strawberry & Granola Parfait** |
| **L** |  |  | **Teriyaki Beef Dippers**  **Teriyaki & Sweet Sour Dip**  **Fried Rice**  **Peas**  **Pineapple Tidbits** | **Turkey w/ Gravy**  **Mashed Potatoes**  **WG Dinner Roll**  **Seasonal Melon** | **WG Spaghetti w/ Meatballs**  **California Blend Veggies**  **WG Breadstick**  **Fresh Fruit Salad** |
| **S** |  |  | **Assorted veggies w/ Ranch**  **Cheese Stick** | **Mandarin Oranges**  **WG Educational Crackers** | **WG Tortilla Chips**  **Salsa** |
| **B** | **6** | **WG Blueberry Waffle 7**  **Apple Slices** | **Purple Daze Smoothie 8**  **WG Bunny Grahams** | **WG Banana Muffin 9**  **Diced Peaches** | **Yogurt, Blueberry 10**  **& Granola Parfait** |
| **L** | **School Closed** | **Veggie Chili w/ Shredded Cheese**  **WG Cornbread**  **Fresh Broccoli w/ Ranch**  **Mixed Fruit Salad** | **BBQ Chicken Sandwich**  **WG Bun**  **Cole Slaw**  **Mandarin Oranges** | **Homemade Sloppy Joe**  **WG Bun**  **Maple Cinnamon**  **Carrots**  **Diced Pears** | **Bosco with Marinara**  **Tossed Salad**  **w/ Toppings**  **Cheese, Croutons**  **French or Ranch**  **Tropical Fruit** |
| **s** |  | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread Round**  **WOW Butter & Jelly** | **Local Apple**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |
| **B** | **13** | **WG Banana Bread 14**  **Apple Slices** | **WG Mini Wheats 15**  **Seasonal Melon** | **WG Mini Bagel 16**  **w/ Strab Cream Cheese**  **Applesauce** | **Yogurt, Strawberry 17**  **& Granola Parfait** |
| **L** | **School Closed** | **BUILD A Burger**  **WG Bun, Cheese, Pickle Chips, Ketchup**  **Baked Beans**  **Apricots** | **Braised Chicken Thigh**  **Maple Cinnamon Carrots**  **WG Cornbread**  **Clementine** | **Homemade WG**  **Mac-n-Cheese**  **Steamed Broccoli**  **Mango Chunks** | **WG Ravioli Steamed Green Beans**  **Diced Pears** |
| **S** |  | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch Cheese Stick** | **Mandarin Oranges**  **WG Educational Crackers** | **WG Tortilla Chips**  **Salsa** |
| **B** | **WG Cinn Chex or 20**  **Frosted Flakes**  **Pineapple tidbits** | **WG Blueberry Waffle 21**  **Mango Peach Applesauce** | **Purple Daze Smoothie 22**  **WG Bunny Grahams** | **WG Banana Muffin 23**  **Diced Peaches** | **24** |
| **L** | **WG French Toast Sticks**  **Sugar Free Syrup**  **Chicken Sausage Patty**  **Tater Tots**  **Clementine** | **Lunch #1**  **To Be Determined** | **Lunch #2**  **To Be Determined** | **Lunch # 3**  **To Be Determined** | **School Closed** |
| **s** | **Turkey Stick**  **WG Crackers** | **Danimal Yogurt**  **Pears** | **WG Flatbread Round**  **WOW Butter & Jelly** | **½ Day** |  |
| **B** | **27** | **28** | **29** | **30** | **31** |
| **L** |  |  |  |  |  |
| **S** |  |  |  |  |  |

*Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

*is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*



This institution is an equal opportunity provider.