

## Lorain County Head Start Menus – September 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
B'fast	31	1	2	3	4
Lunch			WG		
Snack					
B'fast	7	8	9	10	11
Lunch					
Snack					
B'fast	14	15	16	17	18
Lunch					
Snack					
B'fast	21	22	23	24	25
Lunch					
Snack					
B'fast	28	29	30	1	2
Lunch					
Snack					

Milk is served daily at breakfast and lunch. Children < 2 years old are served whole milk. When a specific food allergy is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain



This institution is an equal opportunity employer.