

# LCCAA Head Start Menu for May/June 2021

	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	WG Banana Bread, Local Apple <b>4</b>	Frosted Mini Wheats Seasonal Melon <b>5</b>	WG Bagel w/Cream Cheese; Applesauce <b>6</b>	Yogurt, Peach and Granola Parfait <b>7</b>
<b>Lunch</b>	Cheeseburger with choice to add Pickle Chips, Ketchup; Baked Beans, Apricots	WG Lasagna Roll Up, Green Beans, Clementine	Beef and Veggies w/Gravy Mashed Potatoes WG Garlic Toast, Diced Peaches	WG French Toast Sticks, Chicken Sausage Patty, Tater Tots, Tangerine
<b>Snack</b>	WG Graham Crackers, Juice	Diced Pear Cup, WG Granola Bar	Local Apple WG Pretzels	WG Tortilla Chips, Salsa
<b>Breakfast</b>	WG Blueberry Waffle, Applesauce <b>11</b>	Berry Patch Smoothie, Annie's Bunny Grahams <b>12</b>	WG Cinnamon Toast Crunch, Diced Peaches <b>13</b>	Yogurt, Berry & Granola Parfait <b>14</b>
<b>Lunch</b>	Meatball Sub, Assorted Raw Veggies w/ Ranch Dip, Diced Pears	BBQ Glazed Chicken Drumstick, Carrots & Green Beans, WG Italian-Seasoned Pierogies, Tropical Fruit Salad	Homemade WG Mac-n-Cheese, Steamed Broccoli Sweet Mango	Orange Chicken Stir Fry, Brown Rice, Stir Fry Veg, Fresh Mango
<b>Snack</b>	Fruit Cup, WG Chocolate Chip Oat Bar	WG Graham Crackers, WOWBUTTER® and Jelly	WG Pretzels Cheese Dip Cup	Applesauce, WG Goldfish Crackers
<b>Breakfast</b>	WG Banana Bread & Locally Grown Apple <b>18</b>	Frosted Mini Wheats, Seasonal Melon <b>19</b>	WG Bagel w/Cream Cheese, Applesauce <b>20</b>	Yogurt, Peach and Granola Parfait <b>21</b>
<b>Lunch</b>	Beef Nachos topped with choice of Black Beans, Salsa, Cheese; Clementine	BBQ Chicken Sandwich, Cole Slaw Mandarin Oranges	WG Pepperoni Pizza, Tossed Salad w/ Cheese, Croutons, Dressing; Tropical Fruit Salad	Sloppy Joe, Maple Cinnamon Carrots, Diced Pears
<b>Snack</b>	WG Graham Crackers & Juice	Diced Pear Cup, WG Granola Bar	Local Apple, WG Pretzels	WG Tortilla Chips, Salsa
<b>Breakfast</b>	WG Blueberry Waffle, Applesauce <b>25</b>	Berry Patch Smoothie, Annie's Bunny Grahams <b>26</b>	WG Cinnamon Toast Crunch, Diced Peaches <b>27</b>	Yogurt, Berry and Granola Parfait <b>28</b>
<b>Lunch</b>	Chicken Tortilla topped with choice of Cheese, Lettuce, Salsa; Mango Chunks	Chicken Grillbites, Ketchup, BBQ, Honey Mustard; WG Pasta Salad w/ Veg; Mandarin Oranges	WG Spaghetti w/Meatballs, WG Breadstick, California Veggie Blend, Fresh Fruit Salad	Turkey w/ Gravy, Mashed Potatoes, WG Dinner Roll, Fresh Melon
<b>Snack</b>	Fruit Cup, WG Chocolate Chip Oat Bar	WG Graham Crackers, WOWBUTTER® and Jelly	WG Pretzels, Cheese Dip Cup	TRY DAY: Black Eyed Pea Cowboy Salsa, WG Chips
<b>Breakfast</b>	WG Banana Bread, Local Apple <b>1</b>	Frosted Mini Wheats, Seasonal Melon <b>2</b>	WG Bagel w/Cream Cheese; Applesauce <b>3</b>	Yogurt, Peach & Granola Parfait <b>4</b>
<b>Lunch</b>	Cheeseburger with choice to add pickle chips, ketchup; baked beans; apricots	WG Lasagna Roll-Up; Green Beans, Clementine	Beef & Veggies w/Gravy; Mashed Potatoes; WG Garlic Toast; Diced Peaches	WG French Toast Sticks; Chicken Sausage Patty; Tater Tots; Tangerine
<b>Snack</b>	WG Graham Crackers, Juice	Diced Pear Cup, WG Granola Bar	Local Apple, WG Pretzels	WG Tortilla Chips, Salsa
Cereal, Fruit Cup <b>7</b>	WG Blueberry Waffle; Applesauce <b>8</b>	Berry Patch Smoothie, Annie's Bunny Grahams <b>9</b>	WG Cinnamon Toast Crunch; Diced Peaches <b>10</b>	<b>11</b>
BAG LUNCH: Soy Jammer, Graham Cracker WOWButter, Jelly; Applesauce; Juice Medley	BAG LUNCH: Turkey Cheese Croissant, Cheese Stick, Veggie Juice, Apple	BAG LUNCH: Soy Jammer, Yogurt, Veggie Juice, Mandarin Oranges	BAG LUNCH: Turkey Stick, Cheese Stick, WG Saltine Crackers, Veggie Juice, Diced Pears	NO SCHOOL
Goldfish Crackers, Variety of Fruit	Fruit Cup; WG Choc Chip Oat Bar	WG Graham Crackers; WOWButter and Jelly	WG Pretzels; Cheese Dip Cup	

Milk is served daily at breakfast and lunch. Children less than 2 years old are served whole milk. When a specific food allergy is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. Menus are reviewed and approved by M. Robison, MPH, RD, LD. Equal Opportunity Provider.

**Ohio Preschoolers may be eligible for P-EBT benefit cards to purchase food.**

**If you are on SNAP, contact Job and Family Services for more information on how you can receive this pandemic-related benefit.**

**Learn more at [jfs.ohio.gov](http://jfs.ohio.gov).**

Find food assistance near you at [www.secondharvestfoodbank.org](http://www.secondharvestfoodbank.org).

