**LCCAA- EHS & Head Start Menu**

**May 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  | **WG Mini Wheats 1** **Seasonal Melon** | **WG Mini Bagel 3** **w/ Strab Cream Cheese****Applesauce** | **Yogurt, 4****Strawberry & Granola Parfait** |
| **L** |  |  | **Teriyaki Beef Dippers** **Teriyaki & Sweet Sour Dip** **Fried Rice** **Peas****Pineapple Tidbits** | **Turkey w/ Gravy****Mashed Potatoes****WG Dinner Roll****Seasonal Melon** | **WG Spaghetti w/ Meatballs** **California Blend Veggies****WG Breadstick****Fresh Fruit Salad** |
| **S** |  |  | **Assorted veggies w/ Ranch****Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa**  |
| **B** |  **6** | **WG Blueberry Waffle 7****Apple Slices** | **Purple Daze Smoothie 8****WG Bunny Grahams** | **WG Banana Muffin 9****Diced Peaches** | **Yogurt, Blueberry 10** **& Granola Parfait** |
| **L** | **School Closed** | **Veggie Chili w/ Shredded Cheese****WG Cornbread****Fresh Broccoli w/ Ranch****Mixed Fruit Salad** | **BBQ Chicken Sandwich****WG Bun** **Cole Slaw** **Mandarin Oranges** | **Homemade Sloppy Joe****WG Bun**  **Maple Cinnamon** **Carrots****Diced Pears** | **Bosco with Marinara****Tossed Salad** **w/ Toppings****Cheese, Croutons****French or Ranch****Tropical Fruit** |
| **s** |  | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** | **Banana** **WG Goldfish Crackers** |
| **B** |  **13** | **WG Banana Bread 14****Apple Slices** | **WG Mini Wheats 15****Seasonal Melon** | **WG Mini Bagel 16** **w/ Strab Cream Cheese****Applesauce** | **Yogurt, Strawberry 17** **& Granola Parfait** |
| **L** | **School Closed** | **BUILD A Burger****WG Bun, Cheese, Pickle Chips, Ketchup****Baked Beans****Apricots** | **Braised Chicken Thigh****Maple Cinnamon Carrots****WG Cornbread****Clementine** | **Homemade WG****Mac-n-Cheese****Steamed Broccoli****Mango Chunks** | **WG Ravioli Steamed Green Beans** **Diced Pears** |
| **S** |  | **WG Graham Crackers****Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa** |
| **B** | **WG Cinn Chex or 20****Frosted Flakes****Pineapple tidbits** | **WG Blueberry Waffle 21****Mango Peach Applesauce** | **Purple Daze Smoothie 22****WG Bunny Grahams** | **WG Banana Muffin 23****Diced Peaches** |  **24** |
| **L** | **WG French Toast Sticks****Sugar Free Syrup****Chicken Sausage Patty****Tater Tots****Clementine** |  **Lunch #1****To Be Determined** |  **Lunch #2****To Be Determined** | **Lunch # 3****To Be Determined** | **School Closed** |
| **s** | **Turkey Stick****WG Crackers** | **Danimal Yogurt****Pears** | **WG Flatbread Round****WOW Butter & Jelly** | **½ Day** |  |
| **B** |  **27** |  **28** |  **29** |  **30** |  **31** |
| **L** |  |  |  |  |  |
| **S** |  |  |  |  |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 

This institution is an equal opportunity provider.