**LCCAA- EHS & Head Start Menu**

**March 2024**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  |  |  | **Yogurt, Blueberry & 1****Granola Parfait** |
| **L** |  |  |  |  | **Dr.Seuss’s Day** **Green Egg & Diced Turkey Ham****Tater Tots****WG Dinner Roll****Diced Peaches** |
| **S** |  |  |  |  | **Banana****WG Goldfish Crackers** |
| **B** |  **4** | **WG Banana Bread 5** **Apple Slices** | **WG Mini Wheats 6** **Seasonal Melon** | **WG Mini Bagel w/ 7** **Straw Cream Cheese****Applesauce** | **Yogurt, Strawberry 8**  **& Granola Parfait** |
| **L** | **Closed for****Conferences** |  **BUILD A TORTILLA****WG Tortilla,** **Seasoned Chicken,****Cheese, Lettuce,** **Clementine** | **Teriyaki Beef Dippers** **Teriyaki or Sweet Sour Dip** **Fried Rice** **Peas****Pineapple Tidbits** | **Turkey w/ Gravy****Mashed Potatoes****WG Dinner Roll****Seasonal Melon** | **WG Spaghetti w/ Meatballs** **California Blend Veggies****WG Breadstick****Fresh Fruit Salad**  |
| **s** |  | **WG Graham Crackers****Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch****Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa**  |
| **B** |  **11**  | **WG Blueberry Waffle 12****Apple Slices** | **Purple Daze Smoothie 13****WG Bunny Grahams** | **WG Banana Muffin 14****Diced Peaches** | **Yogurt, 15****Blueberry & Granola Parfait** |
| **L** | **Closed for****Conferences** | **Veggie Chili w/ Shredded****Cheese****WG Cornbread****Fresh Broccoli w/ Ranch****Mixed Fruit Salad** | **BBQ Chicken Sandwich****WG Bun****Cole Slaw****Mandarin Oranges** | **Homemade Sloppy Joe** **WG Bun****Maple Cinnamon Carrots** **Diced Pears** | **Bosco with Marinara****Tossed Salad** **w/ Toppings****Cheese, Croutons****French or Ranch****Tropical Fruit** |
| **S** |  | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** | **Banana****WG Goldfish Crackers** |
| **B** |  **WG Cheerios 18****Pineapple Tidbits**  | **WG Banana Bread 19****Apple Slices** | **WG Mini Wheats 20****Seasonal Melon** | **WG Mini Bagel 21** **w/ Straw Cream Cheese****Applesauce** | **Yogurt, Strawberry 22** **& Granola Parfait**  |
| **L** | **WG French Toast Sticks Sugar free syrup****Chicken Sausage Patty****Tater Tots****Tangerine** | **BUILD A Burger****WG Bun, Cheese, Pickle Chips, Ketchup****Baked Beans****Apricots** | **Braised Chicken Thigh** **Maple Cinnamon Carrots** **WG Cornbread****Clementine** | **Homemade WG Mac & Cheese****Steamed Broccoli****Mango Chucks** | **WG Ravioli Steamed Green Beans****Diced Pears** |
| **s** | **Mango Peach Applesauce WG Cheez It** | **WG Graham Crackers****Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa**  |
| **B** | **Low Sugar Frosted 25 Flakes or WG Cinn Toast Crunch****Pineapple tidbits** | **WG Blueberry Waffle 26****Apple Slices** | **Purple Daze Smoothie 27****WG Bunny Grahams** | **WG Banana Muffin 28****Diced Peaches** |  **29** |
| **L** | **Egg Omelet****Maple Sweet Potatoes****Croissant****Baked Cinnamon Apple** | **Meatball Sub** **Assorted Fresh Veggies w/ Ranch** **Diced Pears** | **BBQ Chicken Drumstick****Cheese cubes****Carrots & Green Beans** **WG Cornbread** **Tropical Fruit** | **Homemade WG Mac & Cheese****Steamed Broccoli****Mango Chunks** | **Good Friday****No School** |
| **S** | Turkey Stick WG Crackers | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 

This institution is an equal opportunity provider.