

LCCAA- EHS & Head Start Menu

February 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B				WG Banana Muffin 1 Diced Peaches	Yogurt, Blueberry & 2 Granola Parfait
L				Homemade WG Mac-n-Cheese Steamed Broccoli Mango Chunks	Orange Chicken Brown Rice Stir Fry Veggies Seasonal Melon
S				Local Apple WG Pretzels	Banana WG Goldfish Crackers
B	WG Cheerios 5 Pineapple Tidbits	WG Banana Bread 6 Apple Slices	WG Mini Wheats 7 Seasonal Melon	WG Mini Bagel 8 w/ Straw Cream Cheese Applesauce	Yogurt, 9 Strawberry & Granola Parfait
L	Veggie Chili w/Shredded Cheese WG Cornbread Fresh Broccoli W/ Ranch Mixed Fruit Salad	BUILD A TORTILLA WG Tortilla, Seasoned Chicken, Cheese, Lettuce Clementine	Teriyaki Beef Dippers Teriyaki or Sweet Sour Sauce Fried Rice Peas Pineapple Tidbits	Turkey w/ Gravy Mashed Potatoes WG Dinner roll Seasonal Mel	WG Spaghetti w/ Meatballs California Blend Veggies WG Breadstick Fresh Fruit Salad
S	Mango Peach Applesauce WG Cheez It	WG Graham Crackers Sun Splash Veggie Juice	Assorted veggies w/ Ranch Cheese Stick	Mandarin Oranges WG Educational Crackers	WG Tortilla Chips Salsa Cup
B	WG Frosted Flakes or 12 WG Cinn Toast Crunch Pineapple tidbits	WG Blueberry Waffle 13 Apple Slices	Purple Daze Smoothie 14 WG Bunny Grahams	WG Banana Muffin 15 Diced Peaches	Yogurt, Blueberry 16 & Granola Parfait "Dad's & Donuts"-
L	General Tso Beef Brown Rice Steamed Broccoli Diced Pears	Veggie Chili w/Shredded Cheese WG Cornbread Fresh Broccoli W/ Ranch Dip Mixed Fruit Salad	BBQ Chicken Sandwich WG Bun Cole Slaw Mandarin Oranges	Homemade Sloppy Joe WG Bun Maple Cinnamon Carrots Diced Pears	Bosco Marinara Tossed Salad w/ Toppings Cheese, Croutons French or Ranch Tropical Fruit
S	Turkey Stick WG Crackers	Danimal Yogurt Fresh Orange	WG Flatbread Round WOW Butter & Jelly	Local Apple WG Pretzels	Banana WG Goldfish Crackers
B	19	WG Banana Bread 20 Apple Slices	WG Mini Wheats 21 Seasonal Melon	WG Mini Bagel 22 w/ Straw Cream Cheese Applesauce	23
L	Closed President's Day	BUILD A Burger WG Bun, Cheese, Pickle Chips, Ketchup Baked Beans Apricots	Braised Chicken Thigh Maple Cinnamon Carrots WG Cornbread Clementine	Homemade WG Mac-n-Cheese Steamed Broccoli Mango Chunks	Records Day No School
S		WG Graham Crackers Sun Splash Veggie Juice	Assorted veggies w/ Ranch Cheese Stick	Mandarin Oranges WG Educational Crackers	
B	WG Frosted Flakes or 26 WG Cinn Toast Crunch Pineapple tidbits	WG Blueberry Waffle 27 Apple Slices	Purple Daze Smoothie 28 WG Bunny Grahams	WG Banana Muffin 29 Diced Peaches	
L	Egg Omelet Maple Sweet Potatoes Croissant Baked Cinnamon Apples	Meatball Sub Assorted Fresh Veggies w/ Ranch Diced Pears	BBQ Chicken Drumstick Cheese cubes Carrots & Green Beans WG Cornbread Tropical Fruit	Homemade WG Mac-n-Cheese Steamed Broccoli Mango Chunks	
S	Turkey Stick WG Crackers	Danimal Yogurt Fresh Orange	WG Flatbread Round/WOW Butter & Jelly	Local Apple WG Pretzels	

Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain



This institution is an equal opportunity provider.