***LCCAA – EHS & Head Start Menu***

**December 2023**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  |  |  | **Yogurt, Strawberry 1****& Granola Parfait** |
| **L** |  |  |  |  | **WG Ravioli Steamed Green Beans****Diced Pears** |
| **S** |  |  |  |  | **WG Tortilla Chips****Salsa** |
| **B** |  **4** | **WG Blueberry Waffle 5****Apple Slices** | **Purple Daze Smoothie 6****WG Bunny Grahams** | **WG Banana Muffin 7****Diced Peaches** | **Yogurt, Blueberry & 8****Granola Parfait** |
| **L** | ***No School*** | **Meatball Sub** **Assorted Fresh Veggies w/ Ranch Dip****Diced Pears** | **BBQ Chicken Drumstick****Cheese Cubes****Carrots & Green Beans** **WG Cornbread** **Tropical Fruit** | **Homemade WG Mac-n-Cheese****Steamed Broccoli****Mango Chunks** | **Orange Chicken****Brown Rice****Stir Fry Veggies****Seasonal Melon** |
| **s** |  | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** | **Banana****WG Goldfish Crackers** |
| **B** |  **11** | **WG Banana Bread 12****Apple Slices** | **WG Mini Wheats 13****Seasonal Melon** | **WG Mini Bagel w/ 14** **Straw. Cream Cheese****Applesauce** | **Yogurt, Strawberry 15****& Granola Parfait** |
| **L** | ***No School*** | **BUILD A TORTILLA****WG Tortilla, Seasoned Chicken, Cheese, Lettuce, Salsa****Clementine** | **Teriyaki Beef Dippers Teriyaki or Sweet Sour Dip** **Fried Rice** **Peas****Pineapple Tidbits** | **Turkey w/ Gravy****Mashed Potatoes****WG Dinner Roll****Seasonal Melon** | **WG Spaghetti w/ Meatballs** **California Blend Veggies****WG Breadstick****Fresh Fruit Salad** |
| **S** |  | **WG Graham Crackers****Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch** **Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa Cup** |
| **B** |  **18**  |  **19**  |  **20** |  **21** |  **22** |
| **L** | ***No School*** | ***No School*** | ***No School*** | ***No School*** | ***No School*** |
| **s** |  |  |  |  |  |
| **B** |  **25** |  **26** |  **27** |  **28** |  **29** |
| **L** | ***No School*** | ***No School*** | ***No School*** | ***No School*** | ***No School*** |
| **s** |  |  |  |  |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 

MG Rev. 11/17/23