**LCCAA- EHS & Head Start Menu**

**March 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **B** |  |  |  |  | **Yogurt, Blueberry & 1**  **Granola Parfait** |
| **L** |  |  |  |  | **Dr.Seuss’s Day**  **Green Egg & Diced Turkey Ham**  **Tater Tots**  **WG Dinner Roll**  **Diced Peaches** |
| **S** |  |  |  |  | **Banana**  **WG Goldfish Crackers** |
| **B** | **4** | **WG Banana Bread 5**  **Apple Slices** | **WG Mini Wheats 6**  **Seasonal Melon** | **WG Mini Bagel w/ 7**  **Straw Cream Cheese**  **Applesauce** | **Yogurt, Strawberry 8**  **& Granola Parfait** |
| **L** | **Closed for**  **Conferences** | **BUILD A TORTILLA**  **WG Tortilla,**  **Seasoned Chicken,**  **Cheese, Lettuce,**  **Clementine** | **Teriyaki Beef Dippers**  **Teriyaki or Sweet Sour Dip**  **Fried Rice**  **Peas**  **Pineapple Tidbits** | **Turkey w/ Gravy**  **Mashed Potatoes**  **WG Dinner Roll**  **Seasonal Melon** | **WG Spaghetti w/ Meatballs**  **California Blend Veggies**  **WG Breadstick**  **Fresh Fruit Salad** |
| **s** |  | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch**  **Cheese Stick** | **Mandarin Oranges**  **WG Educational Crackers** | **WG Tortilla Chips**  **Salsa** |
| **B** | **11** | **WG Blueberry Waffle 12**  **Apple Slices** | **Purple Daze Smoothie 13**  **WG Bunny Grahams** | **WG Banana Muffin 14**  **Diced Peaches** | **Yogurt, 15**  **Blueberry & Granola Parfait** |
| **L** | **Closed for**  **Conferences** | **Veggie Chili w/ Shredded**  **Cheese**  **WG Cornbread**  **Fresh Broccoli w/ Ranch**  **Mixed Fruit Salad** | **BBQ Chicken Sandwich**  **WG Bun**  **Cole Slaw**  **Mandarin Oranges** | **Homemade Sloppy Joe**  **WG Bun**  **Maple Cinnamon Carrots**  **Diced Pears** | **Bosco with Marinara**  **Tossed Salad**  **w/ Toppings**  **Cheese, Croutons**  **French or Ranch**  **Tropical Fruit** |
| **S** |  | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread Round**  **WOW Butter & Jelly** | **Local Apple**  **WG Pretzels** | **Banana**  **WG Goldfish Crackers** |
| **B** | **WG Cheerios 18**  **Pineapple Tidbits** | **WG Banana Bread 19**  **Apple Slices** | **WG Mini Wheats 20**  **Seasonal Melon** | **WG Mini Bagel 21**  **w/ Straw Cream Cheese**  **Applesauce** | **Yogurt, Strawberry 22**  **& Granola Parfait** |
| **L** | **WG French Toast Sticks Sugar free syrup**  **Chicken Sausage Patty**  **Tater Tots**  **Tangerine** | **BUILD A Burger**  **WG Bun, Cheese, Pickle Chips, Ketchup**  **Baked Beans**  **Apricots** | **Braised Chicken Thigh**  **Maple Cinnamon Carrots**  **WG Cornbread**  **Clementine** | **Homemade WG Mac & Cheese**  **Steamed Broccoli**  **Mango Chucks** | **WG Ravioli Steamed Green Beans**  **Diced Pears** |
| **s** | **Mango Peach Applesauce WG Cheez It** | **WG Graham Crackers**  **Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch Cheese Stick** | **Mandarin Oranges**  **WG Educational Crackers** | **WG Tortilla Chips**  **Salsa** |
| **B** | **Low Sugar Frosted 25 Flakes or WG Cinn Toast Crunch**  **Pineapple tidbits** | **WG Blueberry Waffle 26**  **Apple Slices** | **Purple Daze Smoothie 27**  **WG Bunny Grahams** | **WG Banana Muffin 28**  **Diced Peaches** | **29** |
| **L** | **Egg Omelet**  **Maple Sweet Potatoes**  **Croissant**  **Baked Cinnamon Apple** | **Meatball Sub**  **Assorted Fresh Veggies w/ Ranch**  **Diced Pears** | **BBQ Chicken Drumstick**  **Cheese cubes**  **Carrots & Green Beans**  **WG Cornbread**  **Tropical Fruit** | **Homemade WG Mac & Cheese**  **Steamed Broccoli**  **Mango Chunks** | **Good Friday**  **No School** |
| **S** | Turkey Stick  WG Crackers | **Danimal Yogurt**  **Fresh Orange** | **WG Flatbread Round**  **WOW Butter & Jelly** | **Local Apple**  **WG Pretzels** |  |

*Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

*is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*



This institution is an equal opportunity provider.