**LCCAA- EHS & Head Start Menu**

**April 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | **1** | **2** | **3** | **4** | **5** |
| **L** | **SPRING****BREAK** | **SPRING****BREAK** | **SPRING****BREAK** | **SPRING****BREAK** | **SPRING****BREAK** |
| **S** |  |  |  |  |  |
| **B** |  **8** | **Frosted Flakes or 9****Cinnamon Toast Crunch****Pineapple Tidbits**  | **Purple Daze Smoothie 10****WG Bunny Grahams** | **WG Banana Muffin 11****Diced Peaches** | **Yogurt, Blueberry 12** **& Granola Parfait** |
| **L** | **NO School- Solar Eclipse** | **Veggie Chili** **w/Shredded Cheese** **WG Cornbread****Baby Carrots****W/ Ranch****Mixed Fruit Salad** | **BBQ Chicken Sandwich****WG Bun**  **Cole Slaw**  **Mandarin Oranges** | **Homemade Sloppy Joe****WG Bun**  **Maple Cinnamon Carrots****Diced Pears** | **Bosco Marinara Tossed Salad w/ Toppings Cheese, Croutons French & Ranch Dressings****Tropical Fruit** |
| **s** |  | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** | **Banana****WG Goldfish Crackers** |
| **B** | **WG Cheerios 15****Pineapple Tidbits**  | **WG Banana Bread 16****Apple Slices** | **WG Mini Wheats 17****Seasonal Melon** | **WG Mini Bagel 18** **w/ Straw Cream Cheese****Applesauce** | **Yogurt, 19****Strawberry & Granola Parfait** |
| **L** | **WG French Toast Sticks Sugar free syrup****Chicken Sausage Patty****Tater Tots****Tangerine** | **BUILD A Burger****WG Bun, Cheese, Pickle Chips, Ketchup****Baked Beans****Apricots** | **Braised Chicken** **Thigh Maple****Cinnamon Carrots****WG Cornbread****Clementine** | **Homemade WG****Mac-n-Cheese****Steamed Broccoli****Mango Chunks** | **WG Ravioli Steamed Green Beans** **Diced Pears** |
| **S** | **Mango Peach** **Applesauce** **WG Cheez It** | **WG Graham Crackers****Sun Splash Veggie Juice** | **Assorted veggies w/ Ranch Cheese Stick** | **Mandarin Oranges****WG Educational Crackers** | **WG Tortilla Chips****Salsa Cup** |
| **B** | **Frosted Flakes or 22****WG Cinn Toast Crunch****Pineapple tidbits** | **WG Blueberry Waffle 23****Apple Slices** | **Purple Daze Smoothie 24****WG Bunny Grahams** | **WG Banana Muffin 25 Diced Peaches** |  **26** |
| **L** | **Egg Omelet****Maple Sweet Potatoes****Croissant****Baked Cinnamon Apples** | **Meatball Sub****Assorted Fresh****Veggies w/ Ranch Dip****Diced Pears** | **BBQ Chicken Drumstick****Cheese cubes****Carrots & Green Beans****WG Cornbread****Tropical Fruit** | **Homemade WG****Mac-n-Cheese****Steamed Broccoli****Mango Chunks** | **School Closed** |
| **s** | **Turkey Stick** **WG Crackers** | **Danimal Yogurt****Fresh Orange** | **WG Flatbread Round** **WOW Butter & Jelly** | **Local Apple****WG Pretzels** |  |
| **B** |  **WG Cheerios 29****Pineapple Tidbits**  | **WG Banana Bread 30****Apple Slices** |  |  |  |
| **L** | **Veggie Chili** **w/Shredded Cheese** **WG Cornbread** **Fresh Broccoli** **W/ Ranch****Mixed Fruit Salad** | **BUILD A TORTILLA****WG Tortilla,** **Seasoned Chicken,****Cheese, Lettuce, Clementine** |  |  |  |
| **S** | **Mango Peach Applesauce WG Cheez It** | **WG Graham Crackers****Sun Splash Veggie Juice** |  |  |  |

 *Milk is served daily at breakfast and lunch. Children who are 1 -2 years old are served whole milk. Children >2 years old are served 1% milk. When a specific food allergy*

 *is identified, appropriate food substitutions will be provided. Menu items are subject to change due to food availability or unplanned school closings. WG = whole grain*

 

This institution is an equal opportunity provider.